

## WA Talking Type

*Building the foundation for understanding self and others to be more effective in life*

Present a workshop on the cognitive processes:

### Recognising our eloquent & sharp behaviours

**Saturday 21 November, 9.00am – 4.00pm**

Carl Jung identified four perceiving cognitive processes: extraverted Sensing (Se), introverted Sensing (Si), extraverted iNtuiting (Ni) and introverted iNtuiting (Ne) and four judging cognitive processes: extraverted Thinking (Te), introverted Thinking (Ti), extraverted Feeling (Fe) and introverted Feeling (Fi).



Find out more about the nature of these 8 cognitive processes and how they behave differently depending on where they are in your type profile. How some work eloquently and others catch us saying or behaving inappropriately - or our sharp points appear.

In this one day interactive workshop gain depth in understanding the nuances of the cognitive processes. The workshop is suitable for both type practitioners and those new to type.

- Implications for communication and miscommunication
- Relevance for personal development, coaching and team building
- Why is it some people are able to naturally organise their environment in an aesthetically pleasing way, while others expend much energy and angst when they try to do this?
- Experience dynamic activities and new strategies to introduce Personality Type concepts with clients and raise insightful discussions.

Workshop facilitated by Dr Anne Russell Director of Synergies of Difference and accredited teacher of Linda Berens' Interstrength® Certification Program. Anne has taught MBTI®, MTRI™, Majors PTI® personality type accreditation programs since 1999. She works with organisations, schools and individuals to build healthy teams and relationships. Anne regularly presents her research with Personality Type at National and International Conferences.

*Register by **1 November** to ensure receipt of pre-readings by email and earlybird discount  
Cost: Earlybird discount AusAPT Members \$90 Non-members \$110 (add \$20 after 1 November)  
To register email: [RegisterWA@ausapt.org.au](mailto:RegisterWA@ausapt.org.au).  
On registration you will receive two articles to read prior to the workshop.*